Online Resources for Parents

The Internet is (sometimes) your friend! Here are a few of our favorite online resources for adults who want support in talking to the youth in their lives about healthy relationships and related topics. Many of them link out to other fantastic resources, and though these particular websites and articles are primarily geared toward parents, most are adaptable and even include resources for youth-serving adults and for young people as well.

Online Resource Centers

Scarleteen: For Parents and Guardians

www.scarleteen.com/for_parents_and_guardians

Advocates for Youth: Parents Sex Ed Center

www.advocatesforyouth.org/sex-education-info-for-parents

Planned Parenthood: Get the Facts on Sexual Health, For Parents www.plannedparenthood.org/learn/parents

ROO: A free and private app to answer all of your questions.

www.plannedparenthood.org/learn/roo-sexual-health-chatbot

National PTA: A Parent's Guide to Sex Education

www.thetalkinstitute.com/articles/parentsguide_sexed.pdf

Netsmartz

www.netsmartz.org/TipSheets

The Porn Conversation

thepornconversation.org

Teaching Snapchat Safely to Teens

www.cyberbullying.org/teaching-snapchat-safety-to-teens.



Articles and Blog Posts

Everyday Feminism: "Healthy Sex Talk: Teaching Kids Consent, Ages 1-21"

Alyssa Royse, Joanna Schroeder, Julie Gillis and Jamie Utt

Everyday Feminism: "4 Ways Parents Teach Kids that Consent Doesn't Matter"

Paige Lucas-Stannard

Everyday Feminism: "Got a Sexually Active Middle Schooler? Here Are the Tips You

Need to Talk About it Together"

Ellen Friedrichs

Huffington Post: "What Teenagers Need From Us More Than (Almost) Anything Else"

Kara Powell

NPR: "Beyond Sex Ed: How To Talk To Teens About Love"

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